

Supplementary Material 4. Studies Comprising Multiple Papers

Study	Number of Papers	Associated Papers
A	8	1–8
B	4	9–12
C	2	13,14
D	2	15,16
E	2	17,18
F	2	19,20
G	2	21,22
H	2	23,24
I	3	25–27
J	2	28,29
K	2	30,31
L	2	32,33
M	2	34,35

1. Apostolopoulos Y, Lemke MK, Hege A, et al. Work and Chronic Disease: Comparison of Cardiometabolic Risk Markers Between Truck Drivers and the General US Population. *J Occup Environ Med.* 2016;58(11):1098-1105. doi:10.1097/JOM.0000000000000867
2. Apostolopoulos Y, Hege A, Lemke MK, Sönmez S, Wideman L. Work organization, sleep and metabolic syndrome among long-haul truck drivers. *Occup Med (Chic Ill).* 2017;67(4):274-281. doi:10.1093/occmed/kqx029
3. Lemke MK, Apostolopoulos Y, Hege A, et al. Work, sleep, and cholesterol levels of U.S. long-

- haul truck drivers. *Ind Health.* 2017;55(2):149-161. doi:10.2486/indhealth.2016-0127
4. Hege A, Lemke MK, Apostolopoulos Y, Perko M, Sönmez S, Strack R. US long-haul truck driver work organization and the association with cardiometabolic disease risk. *Arch Environ Occup Heal.* 2017;72(5):303-310. doi:10.1080/19338244.2016.1242468
 5. Wideman L, Oberlin DJ, Sonmez S, et al. Obesity indices are predictive of elevated C-reactive protein in long-haul truck drivers. *Am J Ind Med.* 2016;59(8):665-675. doi:10.1002/ajim.22584
 6. Hege A, Lemke MK, Apostolopoulos Y, Sönmez S. Occupational health disparities among U.S. Long-haul truck drivers: The influence of work organization and sleep on cardiovascular and metabolic disease risk. Useche SA, ed. *PLoS One.* 2018;13(11):e0207322. doi:10.1371/journal.pone.0207322
 7. Hege A, Apostolopoulos Y, Perko M, et al. The work organization of long-haul truck drivers and the association with body mass index. *J Occup Environ Med.* 2016;58(7):712-717. doi:10.1097/JOM.0000000000000734
 8. Hege A, Lemke MK, Apostolopoulos Y, Sönmez S. The Impact of Work Organization, Job Stress, and Sleep on the Health Behaviors and Outcomes of U.S. Long-Haul Truck Drivers. *Heal Educ Behav.* 2019;46(4):626-636. doi:10.1177/1090198119826232
 9. Thiese MS, Moffitt G, Hanowski RJ, Kales SN, Porter RJ, Hegmann KT. Repeated Cross-Sectional Assessment of Commercial Truck Driver Health. *J Occup Environ Med.* 2015;57(9):1022-1027. doi:10.1097/JOM.0000000000000522
 10. Thiese MS, Hanowski RJ, Moffitt G, et al. A retrospective analysis of cardiometabolic health in a large cohort of truck drivers compared to the American working population. *Am J Ind Med.* 2018;61(2):103-110. doi:10.1002/ajim.22795
 11. Thiese MS, Moffitt G, Kales SN, et al. Multiple Conditions Increase Preventable Crash Risks Among Truck Drivers in a Cohort Study. *J Occup Environ Med.* 2017;59(2):205-211.

doi:10.1097/jom.0000000000000937

12. Thiese MS, Moffitt G, Hanowski RJ, Kales SN, Porter RJ, Hegmann KT. Commercial Driver Medical Examinations: Prevalence of Obesity, Comorbidities, and Certification Outcomes. *J Occup Environ Med.* 2015;57(6):659-665. doi:10.1097/JOM.0000000000000422
13. Gilson ND, Pavey TG, Vandelanotte C, et al. Chronic disease risks and use of a smartphone application during a physical activity and dietary intervention in Australian truck drivers. *Aust NZ J Public Health.* 2016;40(1):91-93. doi:10.1111/1753-6405.12501
14. Gilson ND, Pavey TG, Wright OR, et al. The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers. *BMC Public Health.* 2017;17(1):467. doi:10.1186/s12889-017-4380-y
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17. Olson R, Thompson SVSV, Wipfli B, et al. Sleep, Dietary, and Exercise Behavioral Clusters Among Truck Drivers With Obesity. *J Occup Environ Med.* 2016;58(3):314-321. doi:10.1097/jom.0000000000000650
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219. doi:10.1002/ajim.22400

20. Rosso GL, Montomoli C, Candura SM. Poor weight control, alcoholic beverage consumption and sudden sleep onset at the wheel among Italian truck drivers: A preliminary pilot study. *Int J Occup Med Environ Health.* 2016;29(3):405-416. doi:10.13075/ijomeh.1896.00638
21. Apostolopoulos Y, Sönmez S, Shattell MM., Gonzales C., Fehrenbacher C. Health survey of U.S. long-haul truck drivers: Work environment, physical health, and healthcare access. *Work.* 2013;46(1):113-123. doi:10.3233/WOR-121553
22. Shattell M, Apostolopoulos Y, Collins C, et al. Trucking Organization and Mental Health Disorders of Truck Drivers. *Issues Ment Health Nurs.* 2012;33(7):436-444. doi:10.3109/01612840.2012.665156
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25. Marqueze EC, Ulhoa MA, Moreno CR de C, Ulhôa MA, Moreno CR de C. Effects of irregular-shift work and physical activity on cardiovascular risk factors in truck drivers. *Rev Saude Publica.* 2013;47(3):497-505. doi:10.1590/S0034-8910.2013047004510
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29. Stoohs RAA, Guilleminault C, Dement WCC. Sleep apnea and hypertension in commercial truck drivers. *Sleep*. 1993;16(8 Suppl):S11-3; discussion 13-4.
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35. Cui R, Tanigawa T, Sakurai S, Yamagishi K, Iso H. Relationships between sleep-disordered breathing and blood pressure and excessive daytime sleepiness among truck drivers. *Hypertens Res*. 2007;29(8):605-610. doi:10.1291/hypres.29.605

